Brilliant Results. Healthy Life. www.FarberCenter.com



SMART Graft Post-Op Instructions

- Bruising or swelling is possible.
- Apply cold for the first 48 hours. Heat after.
- Avoid strenuous physical activity for 48 hours.
- Keep head up. Do not lean over rest of the body.
- Sleep sitting up and /or using neck pillow.
- Avoid toothbrushing the area.
- Do not pull your lips or cheeks.
- Do not touch area.
- Chew on the opposite side.

#fightoralcancer

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Farber Periodontics, P.C. "Farber Center For Periodontics & Dental Implants is not an Article 28 Facility